



Team Coaching

UNTANGLE AND GROW

At its simplest, teams coaching is about two things – helping teams and groups to 'untangle' and 'grow'.

Untangle: Sometimes groups don't work as effectively together as they might and need time out to look again at their strategies, processes and work relationships. A team coach can provide invaluable perspective and facilitate the conversations that unblocks performance problems

Grow: We all need to keep growing – including teams. Team coaching focuses on helping groups develop and perform. This could look like helping groups to discover ways of working more effectively together and with others, or ramping up their collective ambition.

"Alison is an extremely experienced facilitator and coach. She has incredible strong understanding of individuals and teams and is able to bring this to a variety of business situations, achieving exceptional results for the people she is working with. Personable, and expert with high integrity"

HR Director – Leadership and Organisation Development at Alliance Boots

Untangle and Grow

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Alison Maxwell

Coach, team coach & coach supervisor
MA, MA, AC Accredited



The process

My group facilitation style is flexible, fast-paced and result-oriented. I focus on helping groups to have the conversations they really need to have. This might include improvement to relationships, creating clarity of purpose, direction and strategy, or developing enhanced ways of working and team processes.

As appropriate, I draw on a range of tools to help teams deepen their understanding of each other and their work context—FIRO-B, MBTI, Team Management Profile, Team Climate Inventory.

About Alison

Alison Maxwell is a highly experienced and qualified team coach and facilitator, with deep experience of working with groups and leadership teams. She has worked in a wide variety of sectors and has extensive international experience.

Clients include Alliance Boots, GKN, AEC, Rolls Royce, G4S, Pricewaterhouse Coopers, Pentland Group, Holland & Barrett, and Electrocomponents Plc.

- Improving interpersonal relationships within the team
- Helping the team to manage their external stakeholder relationships
- Team vision & strategy —knowing what is expected
- Team process— Improving shared ways of working and group process
- Knowing how to work with external stakeholders
- Team learning— sharing best practice and feedback

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